



Skin Classic High Frequency Home Care Instructions

After a SKIN CLASSIC treatment:

- Treated areas may be irritated as well as red.
- Some crusting may form on treated areas.
- Make sure you DON'T pick at the crusting; prematurely removing the crust may cause hyper pigmentation or scarring.
- If the area is still irritated by the end of the day, apply a cold compress for 10 minutes, then moisturize.
- MUST use a moisturizer or moisturizing sunscreen EVERYDAY rain or shine. Aloe helps the healing process.
- Avoid direct sunlight immediately following the treatment.
- When cleansing the face or showering, use mild products without alcohol or exfoliation until the skin is healed.
- Pat dry vs. rubbing to prevent premature removal of crusting.
- Do NOT use form of peeling or bleaching products for 30 days. Including Retinol, Retin-A, hydroquinone etc
- After crust sloughs off, the skin may be pink, so be sure to wear spf 30 or higher. Everyone heals differently. Most people it takes about 3 weeks to completely heal, some up to 6 weeks or more. Please be patient with this process. Your skin will continue to heal and restore itself months afterwards.

Call or email if there are any questions or concerns. 623-594-3546

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