



Micro Needling Post Care

Be sure to stay out of the sun for the next week and use a sunscreen of at least 30. Do not use anything exfoliating for the next 3 days. This includes all AHA's, topical treatments, glycolic and salicylic acids. Your skin may be red and dry for the next few days and this is normal. Your skin may be more red or inflamed where you have scarring or fine lines this is part of the healing process. Use a calming moisturizer and cleanser on your skin. The results from this treatment can continue up to 3 months after the service as the collagen continues to regenerate. Aloe may be used to help with the redness. Should you have any questions or concerns please contact your aesthetician.